

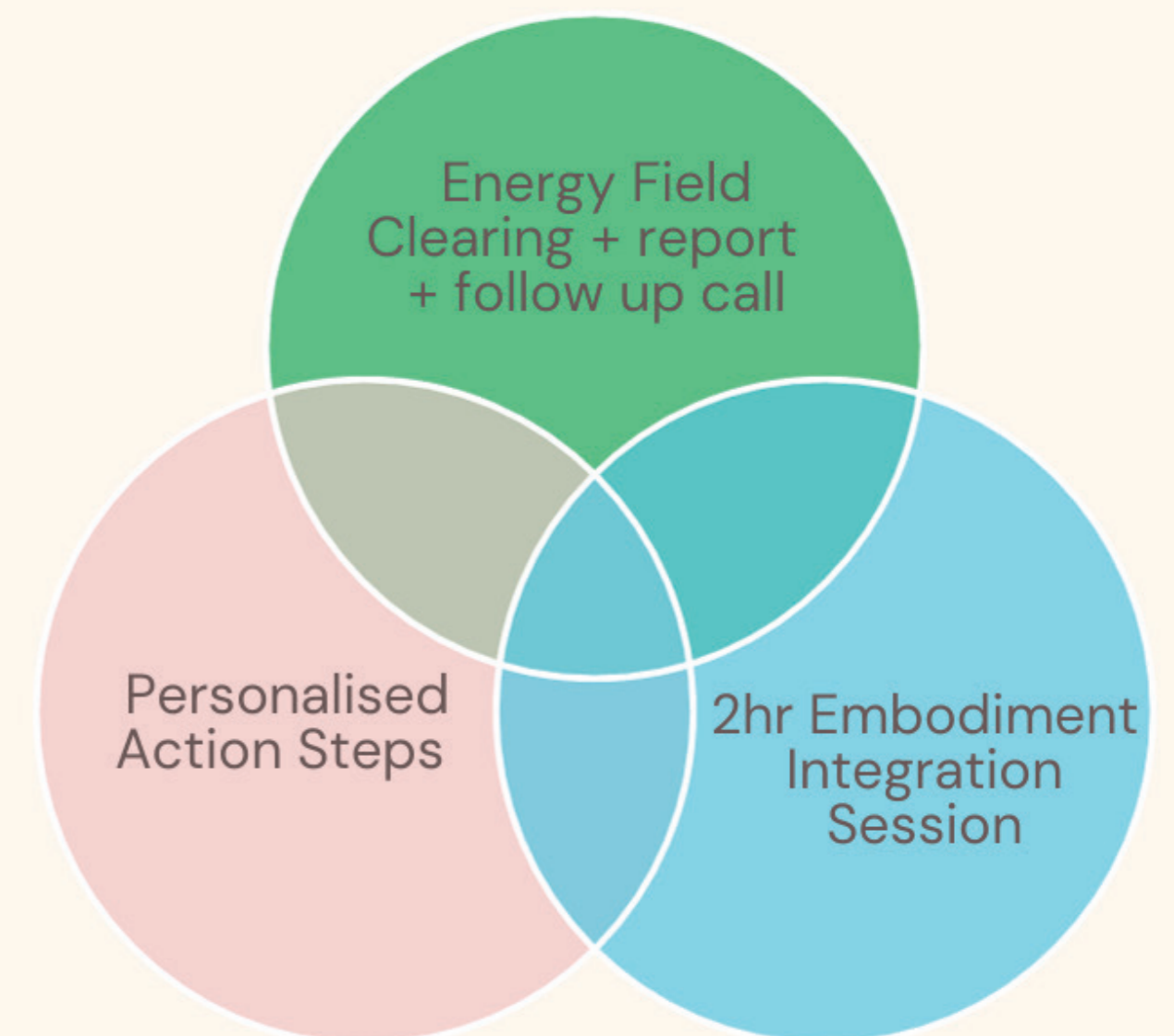
ENERGY FIELD CLEARING + INTEGRATION SESSION

An energy field clearing removes the effects of trauma, the toxic build up and associated attachments, as well as supporting the healing process with soul retrieval and systemic rebalancing. The intention of a clearing is to reveal the root cause of an issue to assist with moving through the healing process. This can be life changing and sometimes additional support and guidance is requested for the integration process during the following weeks.

Emma works with embodiment coach, Donna Mariella, together they offer a personalised package of energy field clearing plus integration coaching session.

During a two-hour session with Donna, you will have the opportunity to integrate the changes which have taken place in your energy field into your life in a deeper way. Sometimes, our nervous system can resist change even when the change is beneficial, its primary concern is to maintain homeostasis. Using embodiment tools, Donna will guide you in bringing all aspects of your system on board to create a cohesive and lasting healing to your soul and change to your life.

During this session, you will also explore different practices and action steps that you can use to stabilise these changes in your daily life in a practical way.



**Integrated Package:
£390**

(Normal prices for therapies: booked individually: £270 + £150 = £420)