



WAY OF THE WARRIOR HEALER

plantconsciousness.com/training

Indigenous Plant Medicine & Otherworld Magic

A 9 module graduated path to becoming
a contemporary healer
with the wisdom, plant medicine and
magic of the ancients.

Starting April 2022

*Foundation modules running through
2021*

This course will take you through a series of initiations and inner processes of transformation for you to emerge standing in your true power as a medicine person and guardian of the Earth. Inner wisdom comes from the level of the soul and the truth of our existence will only emerge through making the soul conscious, by uniting the higher and lower minds and moving our perceptions into multidimensional realms. To be a true healer, ready to work with the powerful forces of our modern age takes inner strength, a pure energy field, integrity and a focused mind. On the journey you will learn to cultivate these directly from our own indigenous plants and trees, they will be your trusted guides into the shadow and into the eternal light.

This is a graduated path of 9 modules that will build your team of plant spirit allies around the medicine wheel with the tree of eternity, the Yew, at the centre. Each module and plant will take you through the chakra system and deeper into the planes of existence necessary for you to become an effective healer. You will learn the principles of white magic and work from the plane of the soul, outside of the dimension of karma, to cultivate a clear hollow bone for spiritual forces to be brought into manifestation. You will undertake plant diets, initiations and profound inner work to allow your authentic self to arise in strength, balance & wisdom.





Through a combination of teachings from our Celtic Shamanic traditions as well as the wisdom of our Kichwa Amazonian brothers and sisters, Plant Spirit Healing, Geomancy, Wisdom Tradition philosophy and the Esoterics of Nature, you will be shown a new way of living in co-creation with mother earth and discover who you truly are and why you are here at this point in time.

To assist your journey you will receive a personal Vedic Numerology reading with a true adept, detailing the spiritual and karmic energies you were born with and therefore a roadmap of how to direct your focus for the training.

We will also be inviting some guest teachers to the course to sprinkle an extra topping of magic into your journey!

You will finish the course as an embodied medicine wheel in soul consciousness, with the metaphysical understanding to navigate hyperdimensional realities, with a clear understanding of the psychic arts and with a fellowship of plant spirit allies ready to be a warrior healer or any guardian of the Earth.

VEDIC NUMEROLOGY



MODULE 1

MUGWORT

Artemisia Vulgaris

ROOT CHAKRA



Mugwort is the witch's first herb and for good reason, her powers and versatility are extensive, she is a visceral spirit and we will share the profound wisdom and healing skills which we have learned from Mugwort over the many years of being her students. Developing our inner senses is key to being an effective healer and to living a life in harmony with nature - Mugwort will teach you why your inner senses are blocked and will help you to develop what is your birthrite.

- Energetic Cleansing & toxic phenomena
- Cleansing protocols with plant spirits
- Ethics & calming the mind
- Grounding & development of the 5 inner senses
- Energy anatomy & alignment
- Developing your dreaming skills
- Protection Vs Harmlessness
- Levels of consciousness / The consciousness of plants



MODULE 2

FIREWEED

Chamaenerion

SACRAL CHAKRA



Once we have understood the importance of energetic cleansing and have understood the fundamental skills required for the path, we set out on our journey with Fireweed, the inspirational ally for new beginnings, expansive growth and motivation.

This plant spirit has been working with the First Nations peoples for millennia and it carries the energetic imprint of master healers. In this module we will work with this powerful plant to look at base centre trauma, an often overlooked aspect of the spiritual and healing path but one which will prevent us from moving forwards if we do not address it. We will repattern ourselves back to the blueprint of our originality and ignite our journey.

- The nature of reality / planes of existence
- Understanding Trauma & Base Centre Trauma
- Mastering the pendulum
- Chakra clearing and balancing
- Biophotons

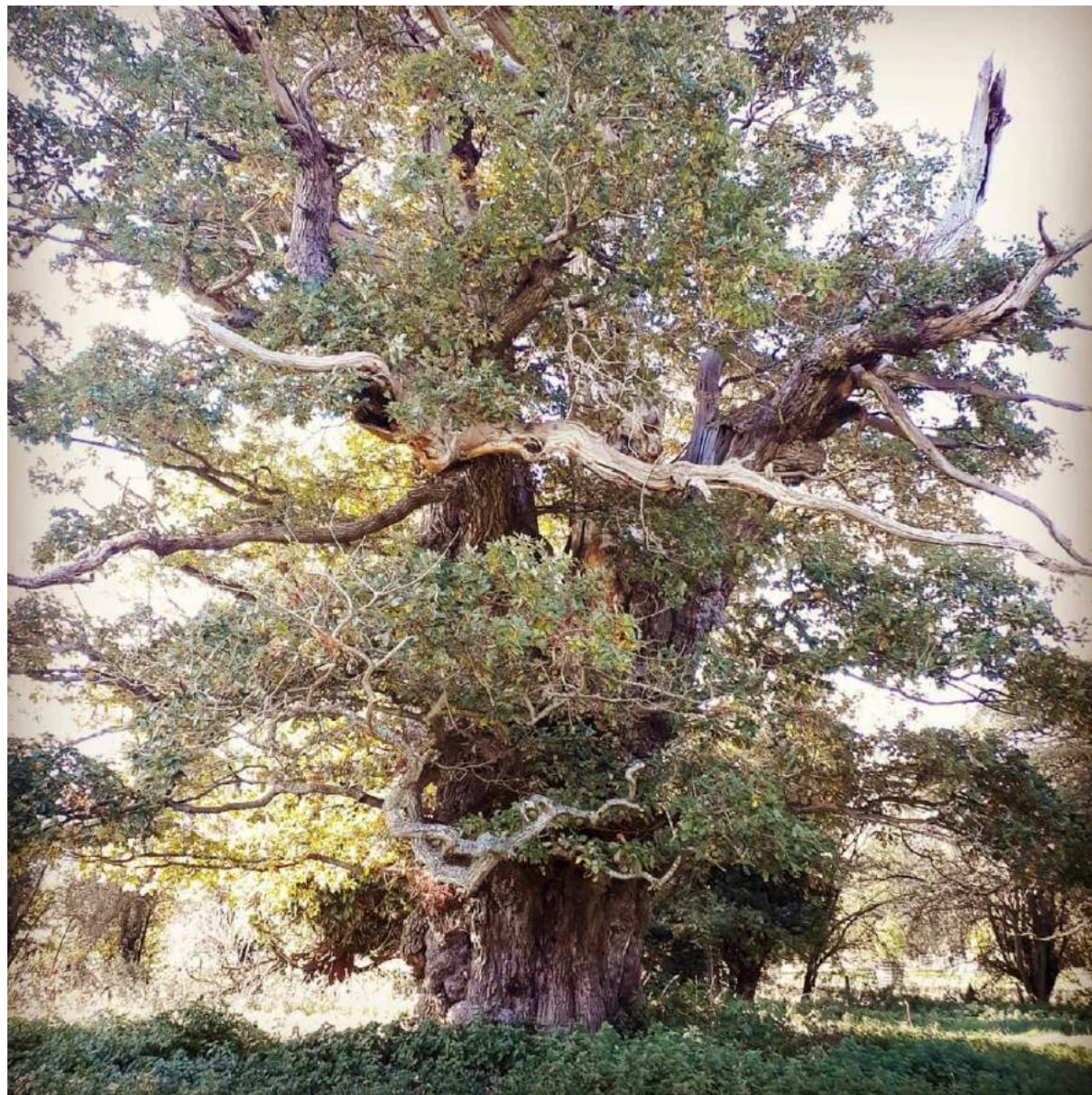


MODULE 3

OAK

Quercus robur

SOLAR PLEXUS CHAKRA



We now open the gateway to the three worlds, journeying for new allies, for insights and for assistance on our path, all under the support and guidance of the Oak. You will learn why the ancient cosmology of the 3 worlds is important and useful, how to bring balance to your astral body and how to navigate the planes of existence necessary for effective healing. Oak brings the qualities of leadership and inner strength, giving us the capacity to set firm boundaries in all aspects of life, while allowing a fluidity and flexibility in our actions. It instills responsibility for everything that you decide to manifest into this plane.

- Know thyself
- Multidimensional Sacred Space
- Establishing boundaries
- Safe, effective shamanic journeying
- Working with a team of spirit allies
- Soul awakening & spiritual attire
- The esoterics of nature

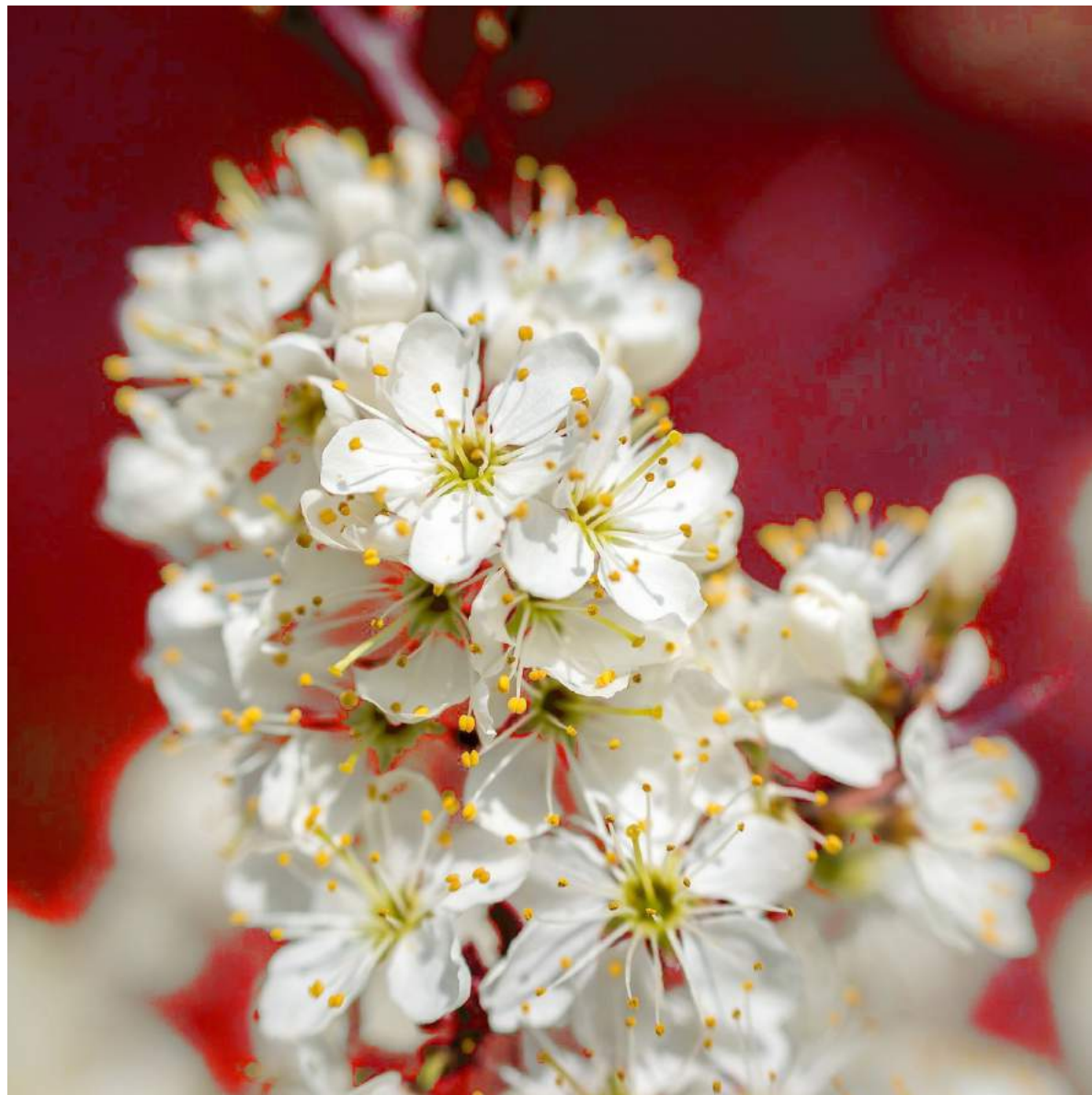


MODULE 4

HAWTHORN

Crataegus monogyna

HEART CHAKRA



Creating harmonious relationships with all beings who also walk this earth, whether seen or unseen, is the beauty way. Hawthorn will guide you into the realm of heart consciousness and will take you deeper into right relationship with nature. Most of us have had our heart broken at various times throughout our lives by loved ones, intimate relationships or the loss of something special. All of us have created defence mechanisms to cope with the strife and uncertainty of life, building a strong wall of protection around the heart. This wall prevents us from developing the deeper connections to nature and to our plant allies, you will learn effective ways to dismantle this wall, one of the greatest gifts we can give to ourself and others.

- Reciprocity & Offerings
- Truly living from the heart
- Oxytocin
- Releasing trapped emotions
- Gateway plants
- The Faery realm / Otherworld
- Folklore and mythology



MODULE 5

YARROW

Achillea millefolium

THROAT CHAKRA



The heart and soul of this course is the path of the warrior healer. Once you understand the power of the worldly forces we are working with you realise the importance of having a strong mind, a powerful team of allies and a strong energy field - Yarrow teaches us the importance of ancestral healing to achieve this, how to manage our energy efficiently and the importance of walking the middle path. The secret to self-liberation lies in the balancing of our inner forces - masculine / feminine, dark / light, assertion / restraint etc. Once we start to manage these effectively with the guidance of Yarrow, we can start to become a true co-creator.

- Masculine and Feminine energy balancing
- Efficiency of energy
- Ancestral Healing
- The power of intentional restraint
- Integrating paradox
- Dieting with plants
- Pranayama with Mudra



MODULE 6

WORMWOOD

Artemisia absinthium

THIRD EYE CHAKRA



Seership is an integral part of the healer's life, but the laws of seership must be strictly adhered to if we are to avoid karmic repercussions. The power of the mind is beyond what we can currently imagine but once activated it comes with tremendous responsibility. Wormwood takes us into the shadow world and shows us what lies behind. Known as the green witch, this powerful plant spirit can teach you about the magic of life, but only after you have followed her into your shadows and emerged the other side into the light.

- The laws of Seership / Healer's etiquette
- Seeing past illusions
- Precision and the importance of protocol
- Understanding Energy: how it moves and transmutes
- The opposing forces
- Integrating your shadow
- Removing unhelpful non-physical beings safely from the energy field
- Activating the third eye
- Advanced meditation techniques



MODULE 7

St JOHN'S WORT

Hypericum perforatum

CROWN CHAKRA



You are at the point on your journey where you are embodying the wisdom of the plants, of the ancients and of your inner sage. Now is the time to strengthen your connection to the divine and truly walk the path of the shaman, without fear, shining your light into the darkness. The energy of St John's Wort is pure and pours divine nectar to heal energetic holes in the auric field and to allow inspiration to flow. With this plant spirit as an ally it allows you to elevate the vibration of any given situation.

- Working with the divine & cultivating inner light
- A higher calling
- Soul retrieval
- Strengthening intuition
- The visionary healer
- Planting seeds of light
- De-programming curses, hexes and black magic



MODULE 8

ANGELICA

Angelica archangelica

SOUL STAR CHAKRA



The power of the 8 is of the high elven realm (Angelic consciousness), of infinity and of having come full circle. You are at the last point on the medicine wheel, gathered a fellowship of plant and spirit allies, integrated your shadows, trained your mind towards equilibrium and discovered the magical inner realms of nature. It is now time for Angelica to heal your core wound, the major energetic blockage in your life that is holding you back from stepping into the centre of the medicine wheel and becoming it, from truly stepping into the light of your eternal spirit.

- Angelic forces & the High Elves
- Core wounds / Soul trauma
- Awakening the eternal spirit
- Discovering your power lineage
- Psychopomp
- Distance healing & clearing

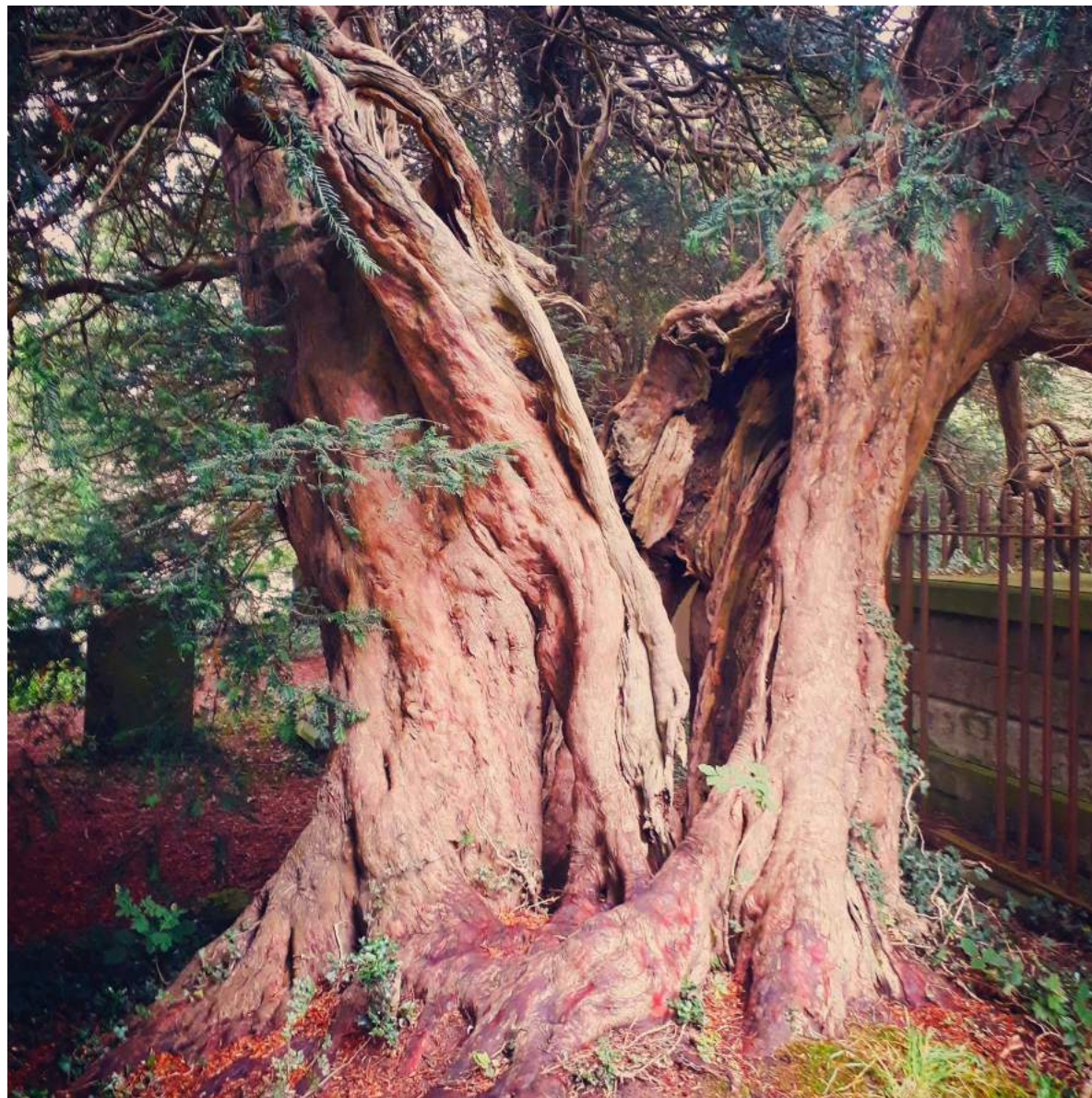


MODULE 9

YEW

Taxus baccata

EARTH STAR CHAKRA



The last module on the course will take you beyond the medicine wheel, into all that is, bringing the wisdom of the 3 worlds back to the earth as a new consciousness. You are the medicine wheel, the wisdom of the plants and of the deep earth are alive within you. Now allow the Yew to expand your awareness into the luminous void.

You will understand the importance of this tree to the future of the planet and how you have been called as one of it's warriors to assist in the evolving of humanity.

- The gateway to Annwn
- The shining ones
- Death & Dying
- Stepping into your power
- Building your ascension tower
- Pilgrimage to one of the most significant and powerful Yews in Wales



Emma Farrell

Healer, Teacher, Author

Emma has trained with master energy healers in the Himalayas and is a certified plant spirit healer with one of the world's eminent teachers, Pam Montgomery. She has been co-creatively working with the plant spirits for a decade. Emma also spent time in the Amazon learning a unique form of shamanic healing and receiving initiations into the Sacred Tobacco & Jaguar lineages. She is one of the first people to be initiated into the Yew Mysteries for hundreds of years, brought to the modern era by Michael Dunning. She has studied Geomancy with Dr Patrick MacManaway and Celtic Shamanic Healing with David Leesley, High Chief Iarueri Rawi. Emma's book 'Journeys with Plants' will be published by Inner Traditions / Bear & Co in 2021.

Emma holds a Master's Degree in 'The Preservation & Development Of Wisdom Culture & The Art Of Liberation' in the Tibetan Buddhist Mahayana Tradition, writing her thesis on 'Understanding The Nature Of The Self Through Lucid Dreaming'. Emma spent 2 years at the Lama Tsong Khapa Institute in Tuscany studying under lamas and geshees including her refuge lama, Dagri Rinpoche.

Emma & her husband Davyd are the founders of Plant Consciousness, the groundbreaking London event about the conscious intelligent world of plants and trees. Much of their understanding of the healing process comes from years of their own inner work into childhood, ancestral and soul traumas. Combined with a daily practice they have gone to the depths of their souls to make awakening an embodied process and uncover the truth of their existence.



Davyd Farrell

Medicine man, Teacher, Plant spirit healer

Davyd comes from a strong Celtic background with ancestry from both Cornwall and Ireland, this connection forms an essential part of his healing practice. After a powerful wake up in Egypt he then spent 3 years studying Tibetan Buddhism in both India and at the Lama Tsong Khapa Institute, Tuscany. He has taking teachings, transmissions and empowerments from; HH Dalai Lama, Dagri Rinpoche, Chamtrul Rinpoche and Tenzin Wangyal Rinpoche.

After living overseas for 15 years a powerful experience with teacher plant medicine called him back to his homeland and so began a journey deep into the inner world of plants. Since then he has spent 5 years studying under herbalist and plant spirit healer Pam Montgomery and is now a certified Plant Spirit Healer. He also completed a 2 yr apprenticeship in Ireland with master herbalist and plant diet initiator Carole Guyett.

In addition, 4 years was also spent studying the Yew Mysteries with Yew Shaman, Michael Dunning, Geomancy with Dr Patrick MacManaway, Druidry with OBOD, plus Celtic Shamanic Healing with David Leesley.

Davyd also spent 5 months in the Ecuadorian Amazon where he learnt Amazonian shamanism and how to work with the 3 core plants of the Kichwa tradition; Tobacco, Guayusa and Ayahuasca.



A green plant with serrated leaves is in a gold-colored, textured vase. The vase sits on a surface with a circular pattern of brown and white. A dark green rectangular box is overlaid on the left side of the image, containing the text 'Course Details' in white.

Course Details

DATES & LOCATION

Starting April 2022 and continuing into 2023. Exact dates to be confirmed

These immersive modules will start on a Friday morning at 9am and finish Sunday 3pm.
Taking place in the Mid-Wales hills.

PRE-REQUISITES

- You must have attended at least 4 of the Foundational modules.
- Be able to express your true motivation for undertaking this course.
- Know how to use a pendulum.
- Started on your own inner work and shadow integration.





LEARNING

Teaching methods will include demonstrations, practical exercises, plant diets, journeying, immersion in nature, rituals & protocols, discussions, sharing circles and initiations.

In-between each module you will be expected to spend time with the plants, have a regular meditation practice and practice what has been learned in the module. The effects of this course are cumulative.

PRACTICAL STUFF

You will need to book separate accommodation.
You will be expected to provide your own packed lunch for the Friday and Saturday unless informed in advance of a plant diet. Sunday lunch will be provided before you leave.
Refreshments will be provided throughout each module.
You will need to bring a mat, cushion and blanket to sit on the floor.
To each module you will need to bring a pendulum, a frame drum, rattle, journal, water bottle and mat, cushion and blanket.



**Additional
Info**



£3112 payable in 6 instalments across 6 consecutive months
(£435 pm)

A non-refundable deposit of £500 is required to secure your place
and is deducted from the total paid in instalments

£2775 if paid in full

Fees include:

27 days of teaching, all course materials, a personal Vedic
Numerology reading and in-between module support

Only 20 places available on the course



Photo: Animystics Ireland

INVESTMENT



WAY OF THE
WARRIOR HEALER

A landscape photograph showing a gnarled, leafless tree standing on a rocky, grassy hill. The sky is a mix of orange, pink, and purple, suggesting a sunset or sunrise. The foreground is filled with large, grey, jagged rocks.

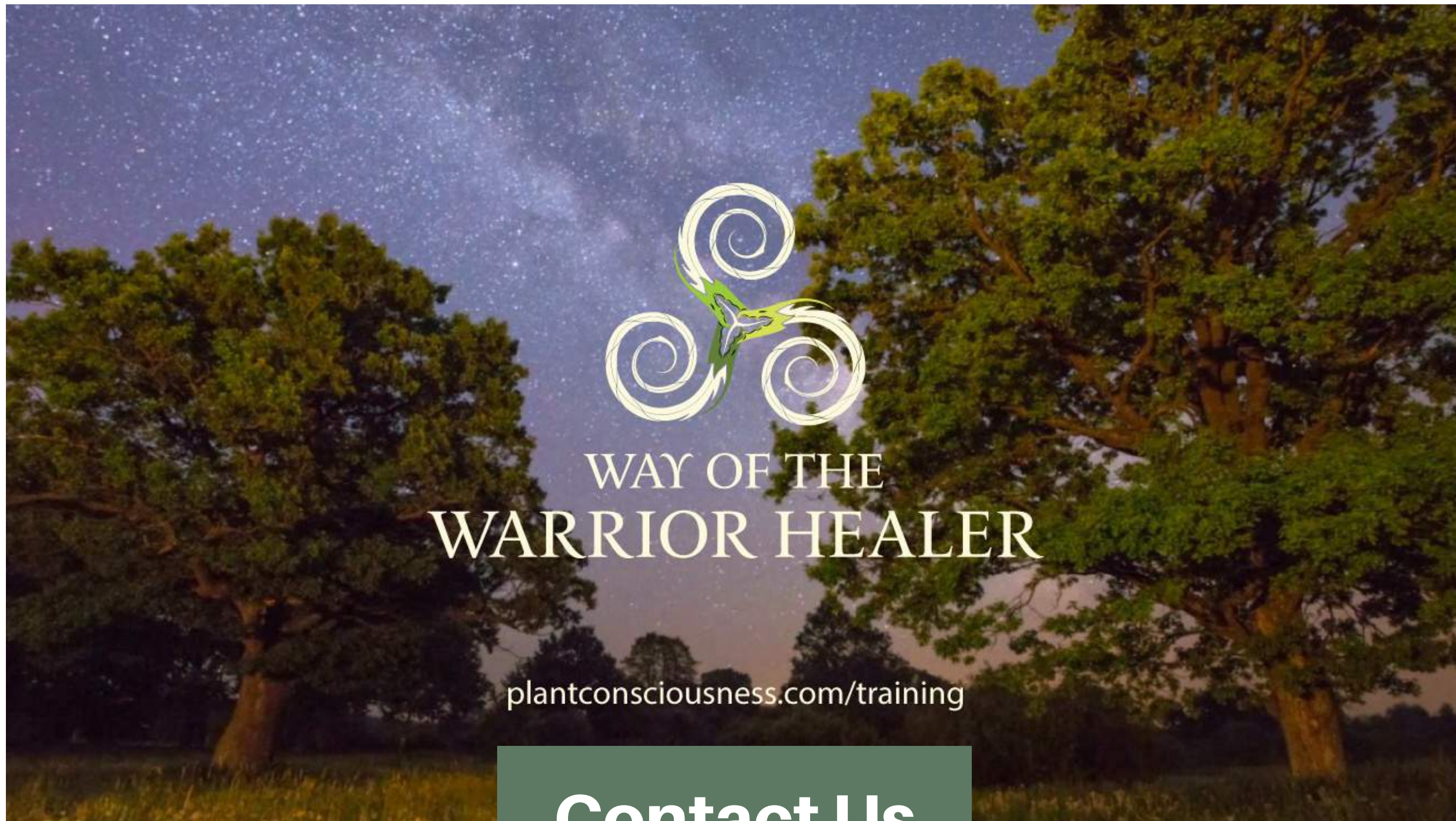
Terms & Conditions

This is a challenging and life-changing course, it is essential that you are ready for such transformation. In this regard you will be required to submit a statement detailing why you feel called to this path (600 words max) plus full information about your existing shamanic / healing training background. You will also be required to attend a Zoom interview

This course is not certified because it is a way of life, it is not simply training but a journey of inner transformation, impossible to grade. We will of course ensure that you are ready to offer your healing gifts to the world.

All personal information shared in the interview stage and during the course will remain strictly confidential.

Course fees must be paid in 6 consecutive months after the deposit. We can not refund any course fees for non-attendance to one or more of the modules.



If you feel called to follow your inner wisdom, are dedicated to fulfilling your purpose in this lifetime and want to be of beneficial service to the world - get in touch!

emma@plantconsciousness.com - 07507128618